# Sewing: Dressmaking and machine skills f

Medway
Adult Educatio

Whether you would like to learn new creative skills or to investigate the possibility of a new textile-based career, MAE Community Learning courses can provide you with a stepping stone to progress.

Join us in our fabulous sewing studio for this friendly, relaxed class, designed for those who already have a little sewing knowledge and wish to improve their confidence and abilities. Students may wish to work on their own projects, or we may decide as a group to make the same garment. We will build on existing knowledge, cover various functions of the sewing machine and possibly the overlocker, and learn some techniques along the way for a faster, more professional finish. By the end of the course you should be able to demonstrate an understanding of commercial patterns and the terminology used, through use of at least one for a completed project

Start Date: 05 February 2025

 Start Time:
 18:30

 Lessons:
 10

 Weeks:
 10

 Hours:
 25.00

Please do not buy tools and equipment until you know that the course will run

#### Venue

Rochester Adult Education Centre Rochester Community Hub Eastgate ME1 1EW

#### What will I learn on this course?

Learners will:

- 1. practice at least 2 different functions of the sewing machine
- 2. use a commercial pattern and size for better fit for at least one item
- 3. learn good cutting techniques and demonstrate this on at least one garment/item

#### Is this course suitable for me?

Learners will already have basic knowledge of sewing with a sewing machine and making things.

## Is there anything I need to know about the course?

Learners will need the following tools and equipment please do not purchase until you are sure the course will run:

You will need to prepare the following tools and equipment before the start of the course:

A basic sewing kit including dressmaking scissors, un-picker, tape measure, notebook, small scissors or snips, some sewing threads etc.

You WILL need some scraps of fabric to practice techniques on, and it is always a good idea to have an old (CLEAN) sheet or duvet cover to use as practice fabric when we come to make a garment.

### Will there be additional costs?

You will need to buy a pattern and fabric – but please wait until after the first week of the course so that we can decide as a group what the course will cover.

#### What could I go on to do after this course?

Your tutor can talk to you about other subject related courses available. Your progression course is Q000041A

Medway Adult Education works with many partners locally such as MidKent College, Medway School of Arts and the University of Kent; information about their courses can be found in our studios, café and on Moodle. Medway has an exciting and wide-range of events, exhibitions and activities to inspire and help you make further progress - please see the community noticeboards in the Rochester Centre and again on Moodle. Your tutor will be able to talk through with vou individual progression options.

If you wish to explore your learning, work or career options, you can speak to a fully trained careers advisor on 0800 100 900. https://nationalcareersservice.direct.gov.uk

#### **Attendance Policy**

In order to get the most out of your course you will need to attend as many sessions as possible. We recommend at least 90%. If you do have a holiday booked during term time please let the tutor know in advance so that we can help you catch up on missed sessions and ensure that you still achieve the course outcomes. If you are unavoidably ill or unable to attend, please contact 01634 338400 so that we can let your tutor know, and so they can send you any work you may have missed

## How are digital skills used and enhanced on this course

Information technology may be used to introduce skills, techniques, and the work of other artists along with safe internet usage. Whilst you do not need any IT skills to enrol on this course, please do speak to the tutor if this is an area you would like to explore.

### **Health and Safety**

By participating in the live class you accept that you understand that dressmaking and sewing involves potentially hazardous tools and equipment and that such activity carries the risk of injury. You understand that it is your responsibility to judge your motor skills and physical ability.

It is your responsibility to ensure that by participating in classes and activities from Medway Adult Education, you will not exceed your limits while performing such activity, and you will select the appropriate level of task for your skills and abilities.

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